



Where deliberate and purposeful change is cultivated
with compassionate and competent care

Capability Statement

Corporate Information

Headquarters: 11901 Toppewein Suite 1202,
Live Oak, TX 78233

Telephone: 210.951.3479

Email: admin@myusawa.org

NAICS Codes

Primary: 621330
Secondary: 611430, 621410, 621420, 624190,
621331, 561499, 61170

DUNS Number

080916383

Company Overview

Usawa Wellness Services is a mental health and wellness clinic established in 2017. We are an organization with more than 20 years of experience in providing mental health and community support services to individuals, government and corporate clients. Usawa is one of the few clinics in our niche with a diverse group of seasoned and certified mental health professionals.

Raving Clients/Partners

- City of Live Oak- Community Partner of the Year 2022
- African American Chamber of Commerce of San Antonio
- Texas Tri-County Chamber of Commerce
- American Counseling Association
- Postpartum Support International
- EMDRIA

Areas of Expertise

- EMDR THERAPY
- PERINATAL MENTAL HEALTH SERVICES
- INDIVIDUAL, TEEN & COUPLES THERAPY
- GROUP THERAPY
- YOGA INSTRUCTION
- DIVERSITY, EQUITY AND INCLUSION
- CORPORATE EAP SERVICES
- CORPORATE WELLNESS

Core Competencies

Families

- Individual Therapy
- Teen Therapy
- Couples Therapy
- Group Therapy
- Premarital Counseling
- Yoga Instruction
- Case Management for Children and Pregnant Women

Communities/Churches

- School Based Services
- Prepare/Enrich Facilitator Training

Companies/Businesses

- EAP Services
- Leadership & Wellness Trainings
- Diversity, Equity & Inclusion Training

Certifications

- AABE- African American Business Enterprise
- ESBE - Emerging Small Business Enterprise
- MBE - Minority-Owned Business Enterprise
- WBE - Woman-Owned Business Enterprise
- SBE - Small Business Enterprise
- VBE - Veteran-Owned Business Enterprise